

S

Vol 16 | Issue 3 | 2024

PARK



A newsletter for Don Bosco family, alumni and friends

13TH Convocation

23 SEPTEMBER 2023

Transforming lives – the Don Bosco way!

- Widening our circle of compassion towards all living beings and nature
- To realize that we are a part of an ecosystem, a thread in a web of life
- To answer our calling as stewards of the earth



Message from the Chancellor

Dear Graduates,

Today marks a moment of immense pride in your achievements. Your intelligence, dedication, and the education you have received have equipped you with unique opportunities and responsibilities. I extend my heartfelt congratulations and best wishes for your future endeavours.

Our university is named in honour of Don Bosco, a remarkable educator from 19th century Italy, who inspired countless young individuals by opening new avenues for their growth.

As we reflect on his legacy, let us reaffirm our commitment to the educational philosophy that prioritizes love, reason, and faith in nurturing children—an approach that has motivated thousands and continues to do so. Despite facing adversity early in life, losing his father at just two years old, John Bosco, under the nurturing guidance of his mother, Mamma Margaret, overcame numerous challenges. To support his education, he took on various jobs, including farmhand, waiter, tailor, shoemaker, and blacksmith. His relentless pursuit of knowledge led him to become a priest, dedicating his life to the noble cause of education. With divine guidance and his dynamic spirit, he established boarding houses, hostels, technical schools, and numerous educational institutions for the underprivileged, personally overseeing their operations alongside a devoted team of like-minded individuals.

To ensure the continuity of his mission, Don Bosco founded the Salesian Society, a community of men and women wholly committed to educating youth, particularly those from marginalized backgrounds. Today, the members of the Don Bosco Society are active in 132 countries, impacting the lives of approximately 15 million young people worldwide.

Dear graduates, you are now part of a significant movement initiated by a man who, despite not having a privileged background, harboured a passionate dream. The remarkable expansion of Don Bosco institutions globally is a testament to this vision.

Don Bosco, a natural psychologist, tailored his educational methods to resonate with the developmental needs of adolescents. Ralph Waldo Emerson once said, "What lies behind you and what lies ahead of you is far less significant than what lies within you."

Let us remember a few individuals who, despite humble beginnings and failures, became global icons through their dreams and determination:

- "I was rejected in the interview for my pilot recruitment."
— APJ Abdul Kalam
- "I did not complete my university education."
— Bill Gates
- "I served tea at a shop to fund my football training."
— Lionel Messi
- "I was imprisoned for 27 years."
— Nelson Mandela



These examples illustrate how individuals can triumph over formidable challenges, using their God-given talents for the greater good. They serve as a source of inspiration for us all.

As today's youth, you possess unprecedented potential to enhance the welfare of humanity, becoming transformative and creative forces. Your academic achievements will undoubtedly set you on the path to success, but remember that true fulfilment comes not from personal accolades but from uplifting others.

Consider why Mother Teresa ventured into the impoverished streets of Kolkata, risking her health and safety. She understood that life is about giving; it transcends material accumulation and competition. When a journalist asked Mahatma Gandhi, "What is your message to the world?" he replied, "My life is my message." This sentiment resonates with St. John Bosco, whose passionate love for youth was his guiding principle. Give the world your best, and the best will return to you.

As you celebrate your graduation today, remember that knowledge alone is insufficient; it is your application of that knowledge that truly matters. With the education you have received at ADBU, strive to create something extraordinary. You will be judged by your actions and how you utilize your talents for the benefit of others. "A tree is known by its fruits."

Your presence here is a proof that you consider your education at Don Bosco University as a foundation for your future; may your learning journey continue in the years ahead.

In closing, I encourage you to prepare for life not just for your own benefit, but for the betterment of the entire community. May God bless you all, fulfil your dreams, and grant you your heart's desires.

- Fr Sebastian Mathew
Chancellor & Provincial

Message from the Vice Chancellor

My dear Graduates of 2024, we are delighted to have you here today as you receive your degrees and diplomas from Don Bosco University. You have brought us much joy with your presence and your achievements. You are ready to enter the wider world as leaders of society.

The Twelfth Convocation was held in the spirit of the celebration of the soft landing of Chandrayaan 3 on the south pole of the moon and Aditya L1 soaring to the horizons to study the sun, making every Indian proud and global.

This year's convocation is in the backdrop of Viksit Bharat@2047, the vision of the Government of India to make our country a developed nation by 2047, which is the 100th year of its independence. The vision aims to foster inclusive economic participation among all citizens. It encompasses various aspects of development, including economic growth, social progress, environmental sustainability, and good governance. This year our university focuses on Social progress and environmental sustainability by presenting a theme to inspire us. The theme encapsulates and summates all that we strive to achieve in the new academic year. It is a call to embark upon a transformative journey and adopt a new way of life. And the theme is:

Transforming lives - the Don Bosco way!

To widen our circle of compassion towards all living beings and nature

To realise that we are a part of an ecosystem, a thread in a web of life

To answer our calling as stewards of the earth

This leitmotif reflects ADBU's commitment to holistic education, environmental stewardship, and nurturing a sense of purpose among students.

As India celebrated its 75th year of independence with the grand Azadi Ka Amrit Mahotsav, the spotlight shone on the unsung heroes whose sacrifices paved the way for our nation's freedom. The Freedom Struggle theme brought to light the stories of countless individuals who fought tirelessly against colonial rule, often without recognition. One such forgotten hero was Kanaklata Barua, a teenage freedom fighter whose memory we honored by planting a tree on our campus. Her story, along with those of many others, serves as a poignant reminder of the selfless dedication that fueled India's independence movement.

Alongside this remembrance, we embraced the vision of an AtmaNirbhar Bharat (Self-reliant India), Make in India, and Digital India. These initiatives, combined with the National Education Policy 2020, have infused our nation with a renewed sense of purpose and progress in the post-Covid era.



Inclusivity and progressivism have become the watchwords of our educational system, as we work towards realizing the dream of a Viksit Bharat (Developed India) by 2047. Our state of Assam, in particular, is leading the charge with massive infrastructure development, economic growth, social progress, environmental sustainability, and good governance.

The recent inauguration of the Semicon India 2024 conference by our Hon'ble Prime Minister showcases India's vision of becoming a global semiconductor hub. This transformative event, along with the comprehensive exhibition highlighting cutting-edge advancements in the industry, demonstrates the boundless opportunities that lie ahead for our nation and its people.

You have the right attitudes, values, and determination to make a significant impact on your work and contribute to shape the future of our country and the world by being responsible leaders of society. As our nation is taking a leap towards Viksit Bharat, you are in a very good position to contribute by harnessing all opportunities that come your way.

As you leave this campus, I believe that you will find it easier to accept change and adapt tenaciously to the changing times. I encourage you to be passionate about what you do, focus on reaching your destination, treat everyone and everything with respect and compassion, undergird your decisions with the values you have learned here, and above all, don't forget to stop every now and then to marvel at the presence of God in your life.

I wish you an abundance of God's blessings as you look for that unique niche that only you can fill. Having found it, I pray that you will embrace it with all the passion at your command, integrate and move on.

Carpe Diem! Seize the Day! ... And may God bless you every day and in every way! ...Thank you!

*Fr. Jose Palely
Vice-Chancellor*

Reminiscences from the Gold Medalists

Protyakshi Chetia

Winner - Chancellor's Gold Medal

Gold Medalist - MSc Chemistry

My journey of two years in the prestigious Assam Don Bosco University was no less than a blessing to me. As I finally stand at the finish line of this unforgettable journey, I am filled with an overwhelming sense of gratitude and pride. It has been a time of challenges, immense growth and self-discovery.

It was a privilege to learn from some of the brightest minds, professors who challenged us to think critically, to question assumptions, and to push the boundaries of our knowledge. They were indeed so kind, approachable and cared a lot for the welfare of the students.

My journey would be incomplete without mentioning the unwavering support and love from my friends. We arrived as strangers, all from different cultural backgrounds, all eager to learn. Our time at ADBU has been filled with learning, not just from textbooks and lectures, but from each other. We now leave as lifelong friends with a plethora of memories. It is worth mentioning here, that I overcame stage fright, by performing a skit for the cultural night at the international conference organized by our department. I owe my seniors for their encouragement.

One of the most captivating aspects of ADBU is its flora. There's no denying that ADBU has the most beautiful campus I've seen so far. The campus is blessed with lush greenery which creates a positive environment for the students to learn, heal and enjoy.

Besides academics, my time in ADBU is filled with experiences that shaped me into who I am today. I have learned to balance my studies with my social life, to manage my time and to take responsibility for my own success. But above all, ADBU has given me the confidence to face the future with courage and conviction.

My sincere gratitude goes to the professors of my department, and the lab assistants, for guiding and helping me throughout these years. I would like to thank my loving mother, for believing in me at my lowest, and for being my greatest source of strength. Last but not the least, I thank the Almighty for blessing me with this beautiful chapter and a journey which I will forever cherish.



Diksha Majumdar

Winner - Vice Chancellor's Gold Medal & Gold Medalist - BSc Mathematics

College life is one of the most remarkable and lovable times of an individual's life. The passage of time in this University has definitely been a memorable one. Life in ADBU has been a transformative journey, shaped by the extraordinary individuals who guided me. Not only did I make amazing memories, but I've noticed, that I have also changed a bit. I have grown and learned more about myself.

Each professor, with his or her unique personality and teaching style, left an indelible mark on my academic and personal growth. I learned valuable lessons about resilience, adaptability and the importance of seeking different perspectives. My college experience in ADBU would have been incomplete without the guiding lights of my professors.

I experienced a whole new world, and met tons of new people. I made some really good friends. I remember my seniors fondly, and how they made my stay in the hostel, comfortable. I made some really good friends. Although it has gone by way too fast, a lot of hilarious and great memories were made.

The privilege of engaging with all my professors and new university mates in ADBU has been a good experience. I was given the opportunity to better myself through education, forming relationships and experiencing the real world. I will forever cherish the memories I made in ADBU. It has been a remarkable and memorable journey.



Aakash Banerjee

Winner - Fr Stephen Mavelly's Gold Medal
BTech - Computer Science and Engineering

University life is often described as an unpredictable and exhilarating journey, full of twists and turns that shape who we become. Entering Assam Don Bosco University as a fresh-faced student, I was brimming with anticipation, yet uncertain about what lay ahead. The excitement of new beginnings was tempered by the reality of navigating uncharted waters, where every day brought its own set of challenges and discoveries. My academic life at Assam Don Bosco University was marked by both intense struggle and profound growth. Late nights became a staple of my routine, as I wrestled with complex concepts and deadlines. There were days where we were running on coffee and willpower alone, pushing through fatigue with determination as our driving force. Despite the exhaustion, each challenge was met with a sense of accomplishment, and every problem solved added to my sense of resilience and capability.

Beyond academics, my time at university was richly enhanced by my involvement in extracurricular and club activities. As the president of the Literary Club, I had the opportunity to foster a love for literature among my peers and organize events that celebrated the written word. My role as an executive member of the Innovation and Entrepreneurship Club allowed me to engage with cutting-edge ideas and collaborate with like-minded individuals. Participating in over 20 hackathons, and securing prizes in 12 of them, was an exhilarating experience that honed my skills and fueled my passion for technology. One of my proudest achievements was winning 14 events in "D'verve," a testament to my dedication and teamwork. Additionally, being a finalist in the international hackathon "Bit and Build Around the World" was a highlight of my university career, reflecting both the hard work and support that propelled me to success.

I am deeply grateful to the Computer Science and Engineering (CSE) department, and particularly to Bobby Ma'am, the Head of Department. Her guidance and unwavering support were instrumental in navigating the complexities of my academic journey. I also extend my thanks to the management and the support staff, whose contributions were vital in creating a conducive learning environment and ensuring that every aspect of university life ran smoothly.

In retrospect, my time at Assam Don Bosco University was a blend of challenges, triumphs, and growth. I enjoyed every moment of this transformative journey, which not only shaped my academic and professional skills but also contributed significantly to my personal development. As I look back, I carry with me fond memories and a deep appreciation for the experiences that defined my university years.



Monteiro Ambrose Bosco John

Winner - JN Bawri Medal of Distinction & Gold Medalist - MSc Psychology



UNBELIEVABLE!

This word is enough to encapsulate my entire Masters journey at God's own abode, ADBU! While these two years had its own share of "Oh yes!" and "Oh no!" moments, I vouch for it that whatever happened, God was always there with me, through it all! ADBU gave me people and moments that will always remain etched in my heart for the remaining years of my life.

The Department of Psychology was home to me. A place where I felt belonged. I will forever be indebted to the staff of the department who have taught me the 'ABCs' of Psychology. Their friendship and availability was inspiring. Love, rather than fear, governed my relationship with them. The staff rooms were a place of solace, rather than, a place evoking fear. Dearest Chandita Ma'am, Afrin Ma'am, Poulomi Ma'am, Maria Ma'am, Monikankana Ma'am, Tanushree Ma'am and Sraboni Ma'am, a simple 'thank you' is definitely not enough to balance the amount of hard work and effort you have put in for our

sake! You'll be just the ones we needed to become better versions of ourselves.

To all my batch mates, remember the old times? The endless sing-song moments; the gossip sessions; the laying lazily on the front entrance garden moments with UNO cards in hand; the on-the-spur auto rides to the highway moments for a 'healthy' snack; the daily visits to the canteen for chai (coz definitely "Chai is life bro!"); the acapella practices in the class or the well-known 'always prize winning' singing and dancing performances on stage; the birthday celebrations in or outside the campus

or the Barbeque Picnic on the hill; the day-long stay at the library on the day of submissions or the 'It's too late bro!' moments just outside the exam hall; the 'happy new year' greetings that went the whole year long or Kolkata Study Tour which was the best ever tour I had ever been to; all the fun time spent at various internships. All the moments we shared. I will remember it all! Thank you for being the batch that we were. I will always boast about having a great batch with whom I shared these two years with. You ALL made psychology fun, my dear 'Psychos' and we just didn't survive, but we thrived! It was awesome spending these years with you'll. We made memories together!

To end with, I would like to quote Erik Erikson, "Life doesn't make any sense without interdependence. We need each other, and the sooner we learn that, the better for us all." I have seen myself grow in aspects of life I never grew before, in the midst of ADBU and its members. I have met complete strangers whom I now call my own and whom I won't let go off till I die. So, THANK YOU ADBU! For this journey has been completely

UNBELIEVABLE!



Merasen-na Jamir

Winner - Partha De Gold Medal (MSc Psychology)

I had always wanted to study psychology, yet there was a lack of importance given to the subject during my time as a bachelor student. As an individual, who had to go to therapy for almost two years, and be under medication because some of the events that had taken a toll on my mental health, I understood that, when I was a child there was a little awareness of what mental health care meant. Yet, it didn't mean that there was no impact. In fact, I have seen so many of my peers in society who had gone through trauma during their childhood years, and realized that it manifested all throughout their adult life. I wanted to make a change in as many ways as I could.

Unlike physical illness, mental illness and issues are vague and complex. There were so many ways in which I can help, and there are so many things I needed to learn. I strongly believe that psychology as a subject is a journey. You always continue to

learn, learning about self and others.

My internship experiences in different institutes, in schools for special children, mental health programmes in hospitals, and rehabilitation centres, opened my eyes in ways that awed me. My internship at the Dimapur District hospital, and Revival Wellness Centre in Guwahati, added so much depth to my journey. I learned that passion alone, isn't enough to study psychology, you need to have commitment.

One learning about myself is the need to listen to myself. In this regard, I took a semester off because I needed to be aware of myself first, and be able to help myself, before I help someone. I spent time taking care of my mental health, and writing and publishing a novel focusing on mental health and human emotions. I had a goal to finish so that I can help people. I had one of the best times discovering myself and being able to perform better. Yet, one should also know how to rest and not to quit. I re-joined my semester six months later along with my juniors, with a fresh mindset that everything is an experience for learning.

I am glad that today, that I can contribute and give back, in my own ways and only wished to grow more with so many gifted people. Mental healthcare is the need of the hour. I want to make a change. Opportunities and insights were given to me in ADBU, these through the theory and practical classes. In the process, I was nurtured.

Mustana Hussain

Bachelor of Business Administration

As I look back on my three years at Assam Don Bosco University (ADBU), I feel a deep sense of thankfulness for the journey that has brought me to this point. These years have been a time of learning, growth, and many memorable experiences.

First and foremost, I owe a lot to my teachers. They were always there to help me, not just with my studies but also in encouraging me to do my best in everything I took on. Whether it was answering my questions, guiding me through tough assignments, or just offering support when I needed it most, my teachers played a huge role in my success. Their dedication made learning a joyful experience, and I am grateful for their constant support.

My friends also made these years special. We shared so many moments together—studying late into the night, helping each other through difficult times, and creating memories that I will treasure forever. Their support, both in and out of the classroom, was invaluable. They made the hard times easier and the good times even better. I know the friendships I have made here will last a lifetime.

Most importantly, I want to thank my parents. They have always believed in me, even when I doubted myself. Their constant encouragement and support gave me the strength to keep going, especially during the challenging times. Without them, I would not be where I am today. This gold medal is not just mine—it belongs to them as well, because of everything they have done for me.

As I prepare to leave ADBU, I feel grateful for all the experiences and the people who have been part of my journey. The lessons I have learned, the friendships I've made, and the support I've received will stay with me as I move forward in life.

To my teachers, friends, and family, thank you for making these three years so meaningful. This gold medal reflects your love and support, and I carry that with me as I step into the future.



Nikita Barman

Bachelor of Computer Applications

My college journey at Assam Don Bosco University, Azara, that began in 2021, was filled with mixed emotions of excitement and nervousness. Little did I know, that these years would be the formative years of my life.

College wasn't without its challenges, but these taught me the invaluable skills of leadership and teamwork. Thanks to all our inspiring teachers, seniors and friends who motivated me to participate in many of the co-curricular activities, organised by the department and the University. Balancing coursework with extracurriculars was tough, but it taught me the skill of time management. Overcoming these hurdles made me stronger and more prepared for the future.

My most memorable moments are those spent with my batchmates. To be honest, being with them, and spending time together with them, were the most beautiful days of my college life. I wish all of us a successful life.

I would like to end with a big Thank You to our teachers, for guiding us in both our academic and non-academic lives in the University. Thank you.





Oinam Jashinda Devi

BSc Botany

It was in the summer of 2021 when I decided to take admission in ADBU, after having heard that it is one of the best universities in Assam. I was stunned by the jaw dropping scenery and the astounding infrastructure of the University. Personally, I feel it is at par with a lot of excellent international universities.

I was new, but coming to the department and personally interacting with my teachers, seniors and staff, helped me familiarize myself with the place. ADBU gave me the chance to grow out of my comfort zone. The professors were always professional, and were ready to help us in whatever way they could. They help us understand our new home better. I had an interesting time engaging with all my professors and earned myself a new way of learning.

My academic voyage was closely guided and monitored by my dedicated professors of the Botany department to whom, I'm forever indebted. Their invaluable teaching helped me enhance my knowledge of my subject. From them, I learned various skills and instilled a lot of personal values that has, and is undoubtedly shaping my future. Surely, they occupy a big chunk of my 3 years and have left a strong mark in my life.

ADBU, a short but memorable chapter of my life, where personal growth was prominent through the encounter with various personalities, and forming lifelong relationships. I had the most exciting experience, and it will stay as one of the most remarkable and unforgettable cherished memories.



Gurumayum Radhakrishnan Sharma

BTech - Computer Science and Engineering

University life is a once in a lifetime experience. Similar to how everyone experiences school life, its comparable to a storm; erratic, chaotic, beautiful. We were the covid babies who spent the first year screenshotting notes, downloading pdfs, and screaming at the laptop because the examination server went down during finals. There were a multitude of experiences that I had during my university life; however, I will focus on a very particular turning point in my life which I consider "the best experience"; final year of university. If this was a novel, it would be the climactic chapter.

Final year of college, was when I decided to finally come out of my socially awkward shell, and start interacting more, and overall involve myself in events. I met a lot of new people, tried out a new sport and started becoming more social in general. This was also the year I finally decided to join a band competition. Singing and music is a passionate hobby of mine and I was ready to go all out for the final D'verve aka college fest. We had about 2 weeks for rehearsals and I, along with a classmate and a few juniors, who I've never met, were part of the Dream Team. It was absolutely awkward at first, but soon we warmed up to each other. My focus was on fire, and I was locked into rehearsals, and wanted to go out and practice every single day. This was honestly the highest amount of motivation and confidence I've had in forever. We had our ups and downs during rehearsals and even times when we thought we weren't going to make it. In Gen-Z terms, we were absolutely cooked! But we still pushed through it. When the fated day finally arrived, it was to put it simply, an experience. The crowd, the nerves, the heat, music so loud you couldn't even hear yourself.

We didn't perform amazing in any way. This isn't a typical cliched story, where the protagonist blows the roof of the place, and wins in the first try. No! This is reality. Our timing was off, it was chaotic, we spent 5 minutes tuning up and down 3 guitars. It was in my opinion, a beautiful chaotic mess. It was a joyride, like the thrill you get when you go into a Ferris Wheel for the first time kind of experience; a feeling that is ingrained into me. This experience changed my life in a way that made me more outgoing and confident. Of all the experiences I gained during my time, this is the one I will be carrying with me for life. Of course we weren't victorious, but we still won in a different way. I hope the writings on this page reaches the people I want it to reach to. You know who you are. Keep going forward!

Ayesha Siddika

BTech - Civil Engineering

My ascension to the pinnacle of Civil Engineering, culminating in a gold medal, was indelibly influenced by the profound experiences garnered at Assam Don Bosco University.

Central to my success were the dedicated faculty members whose expertise and mentorship guided me throughout. Their commitment to teaching and their willingness to invest time in academic development were instrumental in shaping my understanding and passion for the field.

The university's state-of-the-art facilities and collaborative learning environment fostered both theoretical and practical knowledge, essential for tackling real-world engineering challenges. From engaging in hands-on projects to benefiting from insightful lectures and personalized guidance, every experience at Assam Don Bosco University contributed significantly to my achievements. Their emphasis on holistic education, combined with a supportive academic community, played a pivotal role in my journey to becoming a gold medallist, for which I am profoundly grateful.



Priyam Dutta

BTech - Electronics and Communication Engineering

I hail from the vibrant city of Guwahati, Assam. I had the privilege of pursuing my Bachelor's degree in Electronics and Communication Engineering from Assam Don Bosco University, an institution that played a transformative role in shaping both my professional and personal development. My journey from 2020 to 2024 at this university was marked by significant growth, a journey that has truly made me who I am today.

One of the most impactful aspects of my education at Assam Don Bosco University was the emphasis on presentations and public speaking. Initially, I found the idea of speaking in front of an audience daunting, but the structured academic approach that the university adopted helped me overcome this fear. Subject-wise presentations were an integral part of our curriculum, encouraging us to delve deeper into the topics we studied and present our understanding to our peers and professors. This constant engagement not only enhanced my understanding of the subjects but also gradually eliminated my fear of public speaking. I began to gain confidence in my ability to articulate ideas clearly and effectively, a skill that I know will be invaluable in my professional life.



Beyond the academic rigor, the university provided a rich tapestry of extracurricular activities that were instrumental in honing my leadership qualities. Participating in various college activities, from organizing technical fests to leading student groups, I learned the importance of teamwork, time management, and decision-making under pressure. These experiences allowed me to step out of my comfort zone and take on responsibilities that I might have otherwise shied away from. The lessons I learned from these activities have equipped me with the skills to lead and collaborate effectively in any professional environment.

However, none of this would have been possible without the unwavering support of the faculty and staff of my department. They were teachers and mentors who guided me through the various challenges that I faced during my academic journey. Whether it was through extra classes, one-on-one mentoring sessions, or simply words of encouragement during difficult times, their support was a constant source of motivation for me. The faculty's commitment to ensuring that we continued to receive quality education, despite the circumstances, was nothing short of remarkable.

In conclusion, my experience at Assam Don Bosco University has been nothing short of transformative. The university provided me with a strong academic foundation, instilled in me confidence and leadership qualities, and most importantly, surrounded me with mentors who believed in my potential. As I step into the next phase of my career, I carry with me the lessons, memories, and values that this institution has imparted, forever grateful for the role it has played in my life.



Buildingstone Marbaniang

BTech - Electrical and Electronics Engineering

My journey at Assam Don Bosco University (ADBU) has been a transformative experience that has shaped me into the person I am today. I was part of a vibrant community that valued academic excellence, personal growth, and social responsibility.

The unwavering support and mentorship provided by the professors at ADBU, have been a guiding light throughout my academic pursuit. Their encouragement, coupled with their expertise, has propelled me to achieve academic milestones, that I once deemed unattainable. The emphasis on holistic education at ADBU has equipped me with not only academic knowledge, but also essential life skills, that will serve me well beyond my university years.

ADBU has been more than a university to me; it has been a place of transformation, growth, and inspiration. I am honoured to have been selected for the ADBU Gold Medal Award, and I am grateful for the opportunity to share my ADBU journey with the university community.



Ronita Khangembam

BSc Chemistry

Congratulations to the class of 2024! You've come a long way.

My three years of ADBU life have been a journey full of emotions, challenges, friendships and unforgettable experiences. It all began with feeling unsure of pursuing my studies due to the covid reality, and now it ends with this prestigious award being bestowed on me.

The professors were incredibly welcoming and friendly and dedicated to give us the best. The classrooms were well equipped. There is something about the laboratory rooms, that captivated me. The hands-on experience and practical work stood out to me. It was in the campus hostel that I learnt valuable life lessons, taking responsibilities, and learned how to navigate different personalities. I was surrounded by loving friends and caring wardens. Little moments of occasional procrastination, discussion sessions, long hours of exam preparation, and going to class together, will stay with me forever.

To my classmates, thank you for all being there whenever I needed you. Your support means a lot to me. I had a great time with you. I wish you success in life.

I want to take a moment to express my sincere gratitude to Ma'am Nibedita Kapil, Ma'am Sontara, Ma'am Pallabi, Ma'am Lopa, Sir Bhaskar, Sir Jyotirmoy, Sir Subhashish for their constant support, dedication, guidance and effort they invest in teaching and mentoring us. I am very grateful to our laboratory assistants Dipu Kalita and Birinchi Boruah. Thank you both for always being there.



Saikhom Angela Devi

BSc Zoology

A bittersweet journey of three long years, has finally come to an end. My college years have been laden with moments of growth that helped shape my academic journey as well as failures and ever-so-frequent episodes of self-doubt. My college life was far from the ideal one that I had dreamed of as a kid, nevertheless, it taught me valuable lessons in persistence and self-improvement. Despite the challenges I faced, I persevered and completed my graduation.

The best part of the whole experience has been, hands down, the tiny however unique squad of comrades that I got the chance to bond with. I am so grateful for the company of my like-minded friends which kept me grounded and updated. I am also extremely blessed to have the guidance of a few of the best teachers who were willing to go the extra mile to help me out in all aspects of my life. The journey was not without hurdles,

but the experience was a great learning opportunity. Somewhere in the distant future, I hope I shall be able to retrospect and reminisce about this phase of my life with fondness and appreciation.

Bittu Mossang

BSc Physics

My journey at Assam Don Bosco University, Tapesia, has been nothing short of a transformation. From the very beginning, the university's supportive and intellectually stimulating environment played a pivotal role in my development. The rigorous curriculum in the Physics department was both challenging and rewarding. The exceptional faculty members, with their unwavering dedication and expertise, were instrumental in nurturing my passion for science. Their mentorship extended beyond the classroom, encouraging me to delve deeper into research and explore new dimensions of physics. One of the most enriching experiences was participating in various academic and extracurricular activities. The annual science seminars and workshops were particularly influential. These events provided a platform for me to present my research, interact with experts, and stay abreast of cutting-edge developments in the field. The knowledge gained and the feedback received during these sessions were crucial in refining my academic pursuits.



The collaborative spirit among my peers was another highlight of my university experience. Engaging in peer discussions not only enhanced my understanding of complex concepts but also fostered a sense of camaraderie. The friendships I formed during this time have been invaluable, both professionally and personally. These relationships often served as a source of motivation and support, especially during challenging times.

Extracurricular activities, such as the university's annual cultural festival and various student clubs, also contributed significantly to my holistic development. My involvement in these activities allowed me to hone my leadership skills, manage time effectively, and develop a well-rounded personality. Balancing academics with these interests was challenging but rewarding, as it helped me grow as an individual and prepared me for future endeavours.

And how can I ever forget the mesmerizing Tapesia campus, experiencing all four seasons here was a joyous event of my undergraduate life, which is still unmatched by any other to this day. As I look back, I am grateful for the experiences that shaped my time at ADBU. The academic rigor, supportive faculty, collaborative peers, and diverse activities collectively contributed to my success and personal growth. In conclusion, my journey at ADBU has been a cornerstone of my academic and personal development. The experiences and lessons learned here have equipped me with the skills and confidence to pursue my aspirations with unwavering determination.

Tiani Longkumer

BA Mass Communication

First and foremost, I extend my heartfelt gratitude to God for providing me with the strength to face both the triumphs and challenges that have come my way, and helped me achieve this title.

I am grateful to my teachers for their unwavering guidance and their encouragement which have played an instrumental role in my academic journey. Their mentorship has nurtured not only my academic growth, but also my character.

I feel blessed for the friends and classmates I have had the privilege of meeting here at ADBU. The friendships made during this period have been invaluable. They have enriched my experience here in ADBU offering me companionship, support, and countless memories to cherish. Whether it was through group projects, silly pranks on each other, the late-night talks, field trips or simply sharing moments of laughter over a cup of coffee at the college canteen, they have made this journey one of growth, joy, and camaraderie which I will cherish for a lifetime.



I am indebted to my parents for their constant support and motivation throughout my academic journey. As I reflect on my journey here in ADBU, I am filled with a sense of fulfillment and happiness. My experiences at ADBU have shaped me in ways I never imagined, and I am excited for what lies ahead. May God continue to bless ADBU!



Agatha Maria Minj

BSc Hospitality and Hotel Administration

Reflecting on my time at Assam Don Bosco University, I realize how profoundly these years have shaped me, both personally and professionally. From the moment I stepped into the campus, I was welcomed into a vibrant community that encouraged growth, exploration, and the pursuit of excellence. My university experience was filled with countless highlights, each contributing to my development and helping me reach where I am today.

One of the most significant aspects of my university life was the opportunity to learn from exceptional faculty members. Their passion for teaching and dedication to their fields inspired me to delve deeper into my studies and strive for academic excellence. The rigorous coursework challenged me to think critically and develop a strong foundation in my chosen field. The personalized attention and guidance I received from my professors were invaluable, helping me not only grasp complex concepts but also apply them in practical scenarios.

Another highlight of my time at Assam Don Bosco University was the rich cultural diversity on campus. Interacting with peers from different backgrounds broadened my perspective and taught me the importance of empathy and understanding. The friendships I formed with people from various parts of Northeast India enriched my university experience, making me more adaptable and open-minded.

One of my best experiences was being involved in research projects and internships. The university's strong emphasis on research, and hands-on learning enabled me to apply theoretical knowledge in real-world contexts. Working on a research project under the guidance of a mentor was a game-changer for me. It sparked my interest in pursuing a career in research and development, and the skills I gained through this experience have been instrumental in my professional growth.

The sense of community and support at Assam Don Bosco University also played a crucial role in my personal development. The bonds I formed with my peers, faculty, and staff created a supportive network that was always there to encourage and motivate me. This sense of belonging fostered a positive learning environment where I felt empowered to take risks and push my boundaries.

Reflecting on my time at Assam Don Bosco University, I realize that these experiences have been pivotal in shaping who I am today. The knowledge and skills I acquired, the friendships I made, and the challenges I overcame have all contributed to my growth and success. I am grateful for the opportunities I had, and the people who supported me throughout this journey. As I move forward, I carry with me the lessons learned and the memories made, which will continue to guide and inspire me in all my future endeavours.



Anshika Sinha

BA Public Administration

To begin with my experience in Assam Don Bosco University, it all started when I came here in the second semester. I made memories, not many though, but I'm fond of them.

The university provided me with various opportunities, seminars and webinars, orientation on various different subjects. I learned about the real world, of different human behaviour and personalities. I learned about the importance of having a strong and optimistic mindset to lead one's life.

The environment here helped me to improve academically, and to compete not only with others, but with myself too. This helped me achieve a merit scholarship every semester. I learned a lot from people around me. My time here helped me to empathise

more with every being. It also helped me be more expressive. One of the things that I am most grateful for, is that I started painting again, which I've always loved and which I had forgotten about.

Lastly, I'm immensely grateful to my parents for always encouraging me to study. I cannot be more thankful to my friends, and my roomies for being there and who helped me grow. I thank God for giving me this beautiful chance to spend time in Assam Don Bosco University.

Ekonthung Ezung

BA Economics

Being asked to write an excerpt for my graduation, come to think of it, I could write pretty much a whole book to highlight my experience at Assam Don Bosco University, but I want to start by keeping the main thing, the main thing - I would be lying if I said I did it. The fact of the matter here is that the victory wholly belongs to GOD - JESUS CHRIST who did it for me when I never could do it on my own. In my weakness HE was and always is my strength. I Thank GOD.

Initially my year began with zero expectations of what the future held for me, well along the way I've learnt a gazillion things that shaped me, made a gazillion mistakes that humbled me, met a gazillion people that I'll always be grateful for, experienced this experience of a lifetime with a gazillion moments of joy and pain.

From all these experiences here's something worthy of mentioning - For those who choose to do the good works that come by faith, those who choose to go out of their way to help another, those who choose to humble themselves in the face of persecution, those who choose to value the people around them despite their weaknesses, those (teachers) who choose to put in the extra effort beyond their normal duties to assist their students, those who choose to sacrifice their comfort for another, those who choose to realize that nothing comes perfect in the world we live in, those whose hope and faith is in GOD alone and not the world - Thank You- and may this serve as a reminder that GOD sees and your reward is in Heaven - Thank you for being "The Light" that you're called to be.



Mankhawling Ngaihte

BA English

It fills me with immense joy to observe the ways in which every part of the University works together harmoniously to create an environment of growth and experience. Moreover, I am in awe of the vision that has resulted in the creation of the ADBU Tapesia campus – from the landscape to the infrastructure and its management.

My journey in ADBU began online as we had our 1st semester classes online. However, from the very first class itself, our teachers' immense effort and enthusiasm made those classes feel as immersive as any offline class would have been. We were the last Covid-batch of ADBU and we were eager to start our journey as a Bosconians. The day arrived when we moved into our campus, nothing could have prepared me for the beauty of the ADBU, Tapesia campus. Who would've known that the experience that I was about to encounter in this University, would change my entire outlook on life?

Our classes were extremely engaging. I never thought I would fall in love with learning. With each remark and suggestions from my teacher, I strove to achieve more. From the poetry of William Blake to the literary texts of Derrida, I enjoyed each moment of academia. And I would like to express my gratitude towards my teachers for their guidance and support.

Magnolia hostel, my home for three years, was life-changing in many ways. I want to give a special thanks to the wardens of Magnolia who helped us be better, by encouraging us to have good time management, and inculcate structure into our life. These are lifetime values. My hostel life experience is incomplete without mentioning the friends I made. They have been my constant support – providing me reassurance when I needed it, and I have had the opportunity to be part of their lives as well. I am thankful for them and always will be.

I'd like to thank my parents for their unwavering support, without whom, I would not have been able to get this far.

I have made unforgettable memories on this campus whether it's cultural events, Boscosiad, college fests or interactions with people from different communities. I am immensely grateful to ADBU for being the stepping stone into the next part of my life.





Divya Lakra

BA Education

One of my greatest learning as a member of the ADBU community is that growth doesn't always have to be loud or bold; it can happen in the quiet persistence of showing up, learning, and connecting in meaningful ways. It is okay to take up space in my own quiet way. I may not always be the most visible, but this place and the people I have met, will always hold a special place in my heart.

Teaching is not just about delivering lectures, it's about the countless hours spent preparing lessons, providing feedback, and being there for students who need extra help. I am grateful for the dedication and hard work that our teachers put in every day, to make our learning experience meaningful.

I consider myself lucky to have found such a group of friends who truly understand the meaning of friendship. I am proud of my friends and how we have allowed our friendship to develop in the past three years. We have made memories by our silliest, but fun arguments with each other.

I will miss the beautiful environment of our university, the lake view, the early morning fog where I enjoyed the mistiness and not knowing what's missing in the background. There has always been a sense of joy and excitement when entering the main gate, where we are welcomed by the tea gardens which makes me feel like I am in a different world of peace and serenity. Thank you, Assam Don Bosco University, for being a beacon of inspiration and for equipping me with the knowledge, values, and confidence to face the future. I am proud to be part of this incredible community, and I will carry the lessons learned here with me always.



Lalhriatpuia

BA Public Administration

"Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize." Corinthians 9:24

I like to help people. I've been raised to be responsible, thanks to my aunt. My family, especially my grandfather is a big fan of the civil servants. I thought a subject that will help me on the road of becoming a civil servant to help people, should be pursued.

Getting a Gold medal was definitely not something I thought was within my reach, however, as each semester passed by, I felt like it was possible. The main reason I wanted to pursue getting the gold medal, was to show, in some way, gratitude to my family, who have invested so much time and money on my education. The medal for me is a mere material, but the smile and happiness that I'll be seeing on the faces of my family, is the real GOLD MEDAL for me.

This university helped me develop more confidence in myself through the seminars, workshops and the presentations that we had to do for our assignments. It has helped broaden my perspective about people and the world. The service -learning field works that we did, are one of my favourite memories of my bachelor days. The University, infrastructure wise, is one of the best I've seen in Northeast, India.

I thank the professors who worked hard to provide us quality education, they are more than my teachers, they are my mentors, and respectfully my friends. I thank my family who have worked together to support me mentally and financially in pursuing this degree. I thank my mother for praying for me before every exam. I thank my friends for encouraging me to do and become better. Last but definitely not the least, I thank God for guiding me throughout my journey.

Wonchipem Ngasainao

BA Psychology

"Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change." - James 1:17

I am really grateful for the Lord's grace, guidance and his blessings and I attribute my success entirely to the Lord's grace and work in my life.

My parents have been my unwavering pillars of support, providing me with the love and encouragement. My siblings, especially my sisters, have always been there to motivate and inspire me. Their belief in my abilities has been a constant source of strength. I would also like to express my sincere gratitude to my department faculty members and friends for their mentorship and guidance. They challenged me to step outside of my comfort zone, teaching me the importance of hard work and perseverance. Their support has been invaluable.



ADBU has played a pivotal role in my personal and academic growth. It was here that I was forced to confront the realities of life, leaving behind my idealistic fantasies. This experience, though initially daunting, ultimately proved to be transformative. It helped me discover my true passions and aspirations. As the saying goes, 'Comfort is the enemy of growth.' ADBU was the crucible that shaped me into the person I am today, equipping me with the wings to soar. I am forever grateful to ADBU for teaching me to appreciate life's simple pleasures, even when faced with challenges, including food that doesn't always taste good. I will always remember where I am headed, but I'll never forget where I came from. 'Wherever you go becomes a part of you somehow', and ADBU will always hold a special place in my heart. I am excited to embrace the future and continue to strive for excellence. May I always remember to seize the day and make the most of every opportunity that comes my way. CARPE DIEM.

Banteilang Shangdiar

BA Philosophy

Graduating in the year 2024, through the lens of philosophy and philosophical life lessons, reminds me of the words of Aristotle: "Educating the mind, without educating the heart, is no education at all." Thus, the three years journey of studying philosophy has shaped and moulded my intellect, my behavior, my character, and has given me life lessons for my everyday life. Our professors always told us that philosophy is not just pursuing matters on paper, but a matter to be lived in our day-to-day life. Philosophy really helps in the engagement with questions that delve into a deeper understanding of the values, cultures, beliefs and the purpose of life. I remember the days where among friends, we would argue, debate and make fun about the philosophical topics like the existence of God, the human existence, different beliefs and tradition. These discussions were fun and constructive for they helped in shaping our minds and how we perceived things around us.

During my time in at the University, I had the privilege to engage in diverse projects and assignments in different philosophical topics. These really ignited the passion for knowing and learning things. I'm very grateful to Almighty God for the splendid blessings and graces He has showered on me throughout my journey. I also express my heartfelt gratitude towards the whole St. Clement community, and all the professors for the guidance and support throughout my academic journey. Their dedication and unwavering support have always been inspiring. I also want to say thank you to my batch mates for being such an incredible part of my journey. The sharing, discussing and encouraging times made a difference. I am grateful to my fellow friends and for their fabulous company. The laughter and joyous moments I had, the little arguments and fights, especially during the games, the sharing of things, the sharing of our life story and ambitious were just marvellous.

The ADBU experience has truly been the journey of thousand miles, one that began with the willingness to be community member of ADBU.





Wonder Grace Kurbah

MSc Botany

First of all, “Heartiest Congratulations to the class of 2024!”

Wishing all of us a fantastic start to our new journey and a future filled with success and happiness.

My life in ADBU has been amazing. Those two years that I spent in this place feels just like two days. Time was short but it has given me precious memories that are truly priceless. I’m really lucky, grateful, and thankful to have been surrounded by good company.

ADBU is a university where everyone finds a positive loving atmosphere. The best quality of the many qualities that this university possess is safety and security. The environment in the University has enabled me to gain wisdom, knowledge, wonderful friends and mentors whom I’ll always look up to.

I’m grateful to all the teachers of Botany Department for their dedication, enthusiasm, hard work, constant advice and encouragement. I have special mentions: I am deeply indebted to my mentor Dr. Thounaojam Premkata Devi for her effective supervision, guidance and motivation, especially with my project work. I’m very grateful to Dr. Jyotishman Deka for instilling in me the confidence to readily take on any challenge. It has been a blessing to have Dr. Raj Kumar Pegu as HoD. I would describe and remember him as ‘very calm’.

Friendship is one of the best aspects of university life. The people who I met as strangers, very soon became friends, and some became family. I’m grateful for their true friendship.

ADBU has also given me the opportunity to experience hostel’s life which was so enjoyable. I had the most understanding roommates and they have always been there for me at all times.

I am forever grateful and thankful to my father who is my strongest pillar and my mother for all their hard work, sacrifices, support, guidance and constant encouragement that has helped me become the person I am today. My big thanks and appreciation

Above all, all praises and glory to my Lord and Saviour Jesus Christ for bestowing me with knowledge and wisdom. It is all because of His grace that I’ve come this far.

ADBU has given me the confidence that will accompany me in life from here on. I will miss the beautiful lush green, clean campus and its peaceful environment. Thank you, DBU! God bless.



Jessica Lyngdoh Mawphlang

MA Economics

Reflecting on my university journey, I am filled with gratitude for the experiences and opportunities that have shaped my academic and personal growth.

My time at the University has been a tapestry of unforgettable moments, each contributing to the person I am today. Engaging with passionate professors who challenged my thinking and encouraged me throughout this journey was transformative. Participating in research projects, allowed me to apply theoretical knowledge to real-world problems, enhancing my understanding and preparing me for future challenges.

On a more personal front, living away from home and managing my schedule taught me independence and responsibility. Facing challenges—whether academic, social, or personal—helped me develop resilience and adaptability. I learned to embrace failure as a stepping stone to success, a crucial lesson I carry with me today.

My family has profoundly influenced my values and goals. Their teachings on integrity, hard work, empathy, and the importance of education, have shaped the person I am today. With their support and guidance, I feel equipped to pursue my aspirations while remaining true to the values that define me. As I continue on my journey, I carry their lessons with me, striving to make them proud and to contribute positively to the world around me. As for my friends, I am grateful for the beautiful friendships that we have cultivated. They have inspired me to grow and challenge myself. Together, we navigate the complexities of life, celebrating successes and learning from setbacks, all while fostering a sense of belonging and community.

As I embark on the next phase of my life, I am filled with a sense of excitement and confidence. The lessons I have learned from the university here, have equipped me with the tools necessary to navigate the challenges and opportunities that lie ahead. As I step into the world beyond the University, I am committed to applying the skills and values I have acquired to make a positive impact on my community and to continue learning and growing throughout my life. The university experience has been transformative, and I will carry its lessons with me, always.

Muskan Kalwar

MA Education

My journey at Assam Don Bosco University has been incredible. It has been a journey filled with fun, learning, and personal growth. I agree with Timmy Smith who stated in “Ehara taku toa i te toa takitahi, engari he toa takitini” or “Success is not the work of an individual, but the work of many”. I am deeply grateful to all those who have been part of this journey.

The course structure, and a well-rounded curriculum at ADBU has provided me with a holistic education, which has significantly contributed to my development. I remain forever grateful to my esteemed faculty members for implementing the courses and curriculum well. You have been my mentor and guide throughout this journey. You did a great job. Thank you.

I express my appreciation to you my friends at ADBU. You have been an integral part of this journey. Without your support, my journey would not have been as successful. I also want to express my gratitude to a special friend (you know who you are), who has been my constant companion and confidant.

I dedicate this gold medal to my father, and I remain forever grateful to my parents, who have been my pillars of strength. Their sacrifices, encouragement, and love have driven me to succeed.

I am thankful for God’s blessings, as He has guided me through every step of this journey. This award is a testament of a collective influence of faculty, friends, and my parents in my life. I will always cherish the love, guidance, and encouragement I have received.



Mugddha Parashar

MA Mass Communication

My university experience changed my life by helping me grow both personally and academically. I gained valuable knowledge, made lasting friendships, and discovered new passions.

The first few days were a bit overwhelming. With time, I learned my way around, and the campus started to feel like home. The campus is huge but peaceful and healthy. The green surroundings provide a beautiful and relaxing setting, making it a pleasant place to study.

One of the best parts of my university life was meeting people from different parts of Northeast India, different parts of the country, and different parts of the world. This gave me an exposure to cultures, traditions, and languages. We would often meet in campus cafeterias or the library, discussing everything from our courses and cultures to our dreams for the future.

The academic and co-curricular life in ADBU are very different from what I was used to. The University provides a lot of extra-curricular activities and organizes various events,



where I had a great time of my life. The challenges I faced made me stronger, and the opportunities I was given, opened doors to a brighter future. In class, we were encouraged to ask questions. I learned how to think critically and solve problems on my own. This university has taught me how to balance my studies, social life, and personal time. Overall, this university shaped me into a more confident and capable person, ready to face the world.

I am thankful to all my teachers from my department, friends and all the staff who made my life memorable.



Anjelika Borah

MA English

*"Roads of life open, take a look and ponder,
Shadows of the past can't easily fly,
Changes are constant, live your dream, build your goal,
Dimming days shall unfold, nurture your young soul."*

- Mac Adrone Adonay

The two Springs and two Autumns I had spent in Assam Don Bosco University, a journey which provided a broad range of experiences and one, that guided me to a life full of possibilities. The beautiful and refreshing green campus of the University nurtured my spirit, and all the subjects associated with it, have helped stretch my intellectual and emotional horizon, and supporting me constantly to showcase my potential in different fields.

In the field of academics, I got access to advance concepts and in-depth study within and outside my chosen field. One of the aspects which I liked the most is that the University encourages the students to focus on research and practical learning, which enhanced my knowledge and critical thinking skills. The elaborate lectures, engagement with guest resource persons, a central library packed with numerous books, journals, papers, the smart classrooms, the professors who are available to help anytime, the acknowledgement of students with academic excellence, had pushed me to do better each and every day.

The University life provided a vibrant environment for building relationships and developing a sense of community. I got the opportunity to join the Visual and Performing Arts Club, and attended social events which fostered a network of peers. ADBU is a place where students belonging to wide range of diverse background and culture, come together. Managing time effectively, balancing academic and social commitments, and navigating challenges were everyday activities.

Overall, the short, big, colourful, dynamic and vibrant University life, was marked by my academic achievements, social engagement and personal development. I thank all those who have been with me in this journey, Carpe Diem. Vive la ADBU!



Badapkmenhun P Diengdoh

MSc Mathematics

During my time at Assam Don Bosco University, I had numerous enriching experiences that shaped me both personally and academically. While there are too many to list, I'd like to highlight some of the most impactful ones.

One of the aspects I appreciated most about Assam Don Bosco University was the emphasis on research over traditional testing. The professors encouraged us to engage deeply with our subjects through practical research, allowing us to learn more by doing rather than just focusing on exams. As a student in the mathematics department, this approach was particularly valuable.

The university also provided me with important leadership opportunities. Serving as the department coordinator, I learned to manage my time effectively and developed strong leadership skills, which later helped me become the Monitoring and Evaluation (M&E) officer for an NGO program. These experiences taught me to balance leadership and academics, pushing me to grow in new ways.

Living in the university hostel was another memorable experience. The wardens were like second mothers—caring, nurturing, and guiding us with love and discipline. The girls in the hostel were like sisters; we formed a close-knit community that supported each other. We also had fun hostel programs that provided a refreshing break from our hectic studies and helped us bond.

My time at Assam Don Bosco University also deepened my spiritual connection. Attending the Boscinian Fellowship services allowed me to strengthen my relationship with God and connect with people who shared similar values. My role as a Gender Champion also helped me understand the importance of gender equality and what real feminism entails. These experiences significantly shaped my personal values.

The University's diverse yet unified community was another highlight. I met people from various backgrounds, each bringing unique perspectives and experiences. This diversity, combined with a strong sense of unity, made the environment truly welcoming and enriching.

I always encourage younger students to take advantage of the opportunities in the University. Being active and involved here, provides invaluable experiences that prepare you for your future. The teachers and staff are always supportive, creating a nurturing environment for growth.

Reflecting on my journey, I realize how much I owe to Assam Don Bosco University. It is where I developed my leadership skills, connected with wonderful people, and grew both academically and spiritually. I will always cherish the experiences and memories from this university, as it played a significant role in shaping who I am today.

Vijo Arul Selvi M

MSc Mathematics

With deep gratitude to God, I reflect on the privilege of studying at Assam Don Bosco University, a place where the beauty of nature constantly whispers inspiration to the soul. After a decade away from my field of study since earning my BSc., returning to my studies was both challenging and rewarding - a journey made possible by God's grace and the steadfast support of my congregation, who gifted me with this incredible opportunity.

The faculty at ADBU were the guiding stars on my journey. Their dedication, efficiency, and timely words of encouragement were the gentle nudges I needed to push myself beyond my limits. The transition from B.Sc. to M.Sc. felt like reliving an old dream—one where every concept had to be relearned, every detail recalled. Yet, in this struggle, I found strength, fuelled by the faith and encouragement of both past and present Vice-Chancellors, and my ever-supportive professors. Their faith in my abilities was a gift that inspired me to reach for excellence.



I am deeply grateful to the entire ADBU family – professors, staff members, fathers, brothers, sisters, and friends, who played a vital role in my journey, offering support, guidance, and companionship that enriched my experience and helped me grow both academically and personally. I remain immensely indebted to my CFMSS family, friends, and well-wishers, who not only supported me through their prayers and well-wishes but were also there for me whenever I was in need, even in the middle of the night. Their unwavering presence and support were a true source of strength throughout my journey.

The research opportunities at ADBU were equally transformative. My dissertation work ignited a thirst for discovery, encouraging me to explore new ideas and contribute something meaningful to my field. This experience deepened my love for learning and instilled in me a commitment to pursue innovation and excellence.

With its serene, green expanse, the campus became a place of solace, where the tranquil environment nurtured my spirit and sharpened my focus. It was a backdrop that invited reflection, a space where the mind could wander and the heart could rest.

Looking back on my time at ADBU, I am overwhelmed with gratitude. When I joined the university, I doubted whether I could pass with good marks, but through God's grace, hard work, and perseverance, I not only succeeded but reached the peak by earning a gold medal. This journey has proven to me the truth of Philippians 4:13: 'I can do all things through Him who strengthens me.' The lessons learned, along with the cherished memories, will remain with me forever. As I close this chapter, the insights and experiences from ADBU will continue to illuminate my path.

Manas Pratim Gogoi

Master of Computer Applications



Surrounded by optimistic teachers and students, I don't think I could have found a better place to grow. I'll never forget my reaction when I saw the exam schedule (Unit Test) for the first time—two subjects on the same day! I remember complaining a lot to myself, but it taught me one of the greatest lessons of my life: to remain calm and be patient in challenging situations. By my last university exam, I had come to accept that this was the best way of having two papers in a day. Instead of stressing for six-eight days, it was better to finish everything within three to four days.

A common lesson every teacher in my department taught me was, "What will you do with marks? Don't run after numbers, Manas!" Many teachers reminded me of this. Marks become meaningless if we fail to absorb the knowledge given to us. Marks will end up following you. This reminds me of a line from the Bollywood movie 3 Idiots: "Bachcha kabil bano, kabil ... kamyabi toh saali jhak maarke peeche bhagegi." It feels nice to experience these dialogues in real life.

From losing a debate competition to winning first prize in a presentation, from participating in hackathons to dancing at music festivals on the final day of D'Verve, my life at Assam Don Bosco has been very complete. I forgot to mention my favourite place in the university: the library, especially the first and second tables towards the end. The view of our beautiful campus from those seats gives me the peace I seek. I often visit the library even if I'm not there to read. It's also the best place to escape Guwahati's summer heat!

As I write this, many memories are flashing back. Choosing this ADBU is one of the best decisions I've ever made. Lastly, I want to emphasise the importance of failure. No one has ever become successful without failing. You didn't learn to walk without falling down. I've been a part of that too; while I didn't understand it back then, I do now. It is crucial to acknowledge those failures, learn from them, and come back stronger. There is absolutely no need to lose hope when you fail. It's easy to lose hope during gloomy days, but those are the days when hope is most needed.

"Failure is a blessing in disguise".

Daisy Queen Kurbah

Master of Commerce



My experience in Assam Don Bosco University has been a journey of personal growth, learning and discovery. Being in ADBU has helped me come out of my comfort zone, as I found myself constantly surrounded by people from different places, backgrounds and culture, each with unique stories and viewpoints. It has also made me realise that college is not just about academics, it was also about forming meaningful relationships and finding my path in life.

Apart from academic activities, I also engaged in extracurricular activities like dancing and volunteering, which taught me the value of collaboration and leadership. Being involved in these activities shaped me into a more confident, knowledgeable and well-rounded individual.

In short, my experience in ADBU was a journey of self discovery and growth. It was a time filled with learning both inside and outside the classroom. Looking back, I am grateful for every moment - the success and the failures – because they all played a part in my development. College was not just an educational experience; it was a formative period that prepared me for the next chapter of my life.

Kyrpang Jyrwa

MSc Microbiology

My experience at ADBU has been nothing short of transformative, filled with countless memories and experiences, that have helped shape me into who I am today. The university is a microcosm of society, offering a unique blend of challenges and opportunities that compel students to evolve personally and professionally.

The passion and commitment of my educators have motivated me to exercise critical thinking and pursue my academic interests with zeal. My university's intellectual rigor has pushed me to grow and challenge in ways I never believed were possible. From conducting research projects that gave me hands-on experience in my field of study to finding my utmost potential.

My involvement in extracurricular activities has also been a significant part of my university experience. Whether it was taking part in workshops or programs that are crucial to forming our future and developing our personalities, or volunteering in various service-learning activities. These opportunities have allowed me to develop new skills, build my confidence, and make a positive impact on society.

This university has given me everything. These experiences were beneficial in applying theoretical knowledge to real-world challenges, and in gaining practical abilities that would later prove vital in my profession.

I am grateful to have supportive teachers who have inspired me to follow my intellectual curiosity and strive for academic greatness.

Proud to be a student of ADBU.



Ajit Kumar Tiru

Master of Social Work

My time in the Social Work department was enriching. The department provided a supportive environment that fostered my growth and development. The department's focus on social justice, human rights, and community engagement resonated deeply with me. The department's emphasis was also on reflective learning and self-care and these helped me to develop a strong sense of self-awareness and emotional intelligence.

The commitment of Social Work department to social responsibility and community engagement inspired me to become a change-maker. I was encouraged to think creatively, challenge the social ethos, and work towards creating a more just and equitable society. I am grateful for the department's role in shaping me into a confident, compassionate, and competent social worker.

Another significant aspect of my ADBU experience was the diversity of the student body. I had the opportunity to interact with students from different cultural backgrounds, which broadened my perspective and taught me the value of inclusivity and diversity.

Throughout my journey as a student, I faced challenges and setbacks, but the support system at ADBU helped me to overcome them. The university's emphasis on holistic development, combined with its well-set-up infrastructure, and natural ambience created an ideal environment for me to grow and thrive.

As I reflect on my time at ADBU, I am filled with gratitude and appreciation for the experiences that have shaped me into the person I am today. I am proud to be part of an ADBU family and look forward to making a positive impact in the world.





Jeniberth A Sangma

MA Public Administration

Carpe Diem – do live every single day!

The journey at Assam Don Bosco University has profoundly influenced me, and its motto continues to inspire me. When I first joined the University, I was daunted by the thought of two years ahead, but as they say, “Time flies.” Now, after two years, I’m ready to soar, empowered by the spirit of this esteemed institution. The beautiful campus, surrounded by lush tea gardens and state-of-the-art infrastructures, greatly contributed to my learning and personal growth. I was immersed in an environment that fostered academic excellence, ethical values, and a strong sense of community. The University’s mission to provide holistic education was evident in every aspect of campus life.

From studying the theories of Woodrow Wilson to exploring contemporary issues, my time at ADBU was filled with learning, whether through flipping the pages of books or scrolling through PDFs. I never imagined that this discipline would sharpen my critical thinking and prepare me to engage with global governance from a broader perspective. I vividly remember, during the award ceremony when I was recognized as one of the Semester Toppers, a thought crossed my mind to aim higher—to maintain my academic excellence and strive for a Gold Medal in Public Administration. This idea stayed with me, and I now realize that a force beyond myself influenced my thoughts and emotions. I believe that this spiritual power planted the seed that led to my success, and I am deeply grateful for it.

The foundation of my educational journey at ADBU was rooted in the philosophy of Don Bosco, which emphasizes that education is a matter of the heart. This principle resonated deeply with me and was evident in the lives of every educator on campus. True education goes beyond academics, and our professors were not just teachers, but mentors and friends who sparked our curiosity and passion in every aspect of our studies. They constantly encouraged us to think critically, question the status quo, and explore beyond the confines of the syllabus. Hence, at this moment, I feel deeply humbled and honored, believing that it was with patience and perseverance that I became who I am today—a Gold Medalist.

Certainly, the achievement I celebrate today is not solely my own. No journey to success is undertaken alone. I am ever grateful to the Salesian Province of Guwahati and all the confreres of the province for their support and encouragement. I am also thankful to the Salesian Community of ADBU, Tapesia, who assisted me in various ways to achieve this dream. I extend my heartfelt thanks to my friends for their companionship and the shared experiences over the past two years. Time flew by with your company. To my fellow graduates, I offer my warmest congratulations on this great achievement. May God bless you all.



Visato Noho

MSc Physics

On this auspicious and memorable day, my heart is filled with a profound sense of gratitude and accomplishment. My university life has been a tapestry, woven with threads of academic rigor, personal growth, and invaluable experiences.

From the moment I stepped into this campus, I was captivated by the vibrant energy and intellectual curiosity that permeated the atmosphere. The rigorous coursework, coupled with the guidance of dedicated faculty members, challenged me to reach beyond my limits. The countless hours spent poring over textbooks, attending lectures, and participating in discussions have shaped me into the individual I am today.

I would like to express my sincere gratitude to all my professors, whose unwavering support and mentorship have been instrumental in my academic journey. Their passion for their subjects, combined with their commitment to student success, have inspired me to strive for excellence.

Beyond the classroom, my university experience has been enriched by the vibrant student community. The opportunities to engage in extracurricular activities, join clubs and organizations, and participate in research projects and workshops have allowed me to develop a well-rounded personality and broaden my horizons. I have had the privilege of collaborating with talented peers, forming lifelong friendships, and creating lasting memories.

One of my most cherished experiences during my university life was attending the prayer meeting held by Jesus Youth every

Sunday. It was such a really good experience where I was able to meet new people and make friends and more importantly come closer to God.

As I look back on my journey, I am filled with a deep sense of accomplishment and pride. The gold medal I received is not just a testament to my academic achievements, but also a reflection of the support and encouragement I have received from my family, friends, and mentors.

I am grateful for the opportunities and experiences that my university has provided me. I am confident that the knowledge and skills I have acquired will serve me well as I embark on the next chapter of my life.

Colossal Malang

MSc Zoology

My journey in ADBU has been one of the best experiences of my life. The people I've met here educated me about life. My journey in ADBU began in the year 2019 when I started my BSc in Zoology.

In these five years of my journey, I have definitely learnt that God's plan is bigger than our plan. Initially, I was least interested in coming here but there is a dialogue from a movie call 'The Lunchbox' which says "sometimes a wrong train takes you to the best destination", and this did apply to my life. I can proudly say that ADBU has given me a platform to grow, to be matured, and be a responsible person who is confident enough to make the right decisions. In short, ADBU has moulded me into a better person.

Being part of the University's football team, and being involved in other sport related activities was important for me, not only as a hobby, but for my overall development too. I am very thankful to ADBU for these cocurricular activities.

My only suggestion to the students in the University is that you enjoy, and live a balanced life. Be consistent with your work, for hard work will definitely pay off.

My time as a student of ADBU has come to an end, but the memories will endure forever. I would like to thank my teachers, friends and my family for constantly helping me and supporting me to become what I am today.

#CarpeDiem.



Transforming lives – the Don Bosco way!

...Widening our circle of compassion towards all living beings and nature

...To realize that we are a part of an ecosystem, a thread in a web of life

...To answer our calling as stewards of the earth



ASSAM
DON BOSCO UNIVERSITY
ACADEMIC YEAR 2024-25

Published by ASSAM DON BOSCO UNIVERSITY

Airport Road, Azara, Guwahati, Assam- 781 017 | Tapesia Gardens, Kamarkuchi, Sonapur- 782 402

Phones: +91 9476 690 950 / +91 9435 545 754, Fax: +91 3612 841 949

www.dbuniversity.ac.in / contact@dbuniversity.ac.in

Editorial Board- James Famkima & Fabian Marbaniang